



Aquatics Schedule April 2021

90 Swanson Road
Boxborough, MA 01719
978-635-0500
www.swymfit.com

Lane	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Lane				
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4					
5:30 AM	Opens @ 7:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				5:30 AM				
6:00 AM	Opens @ 7:00 am																												6:00 AM				
6:30 AM	Opens @ 7:00 am																																6:30 AM
7:00 AM	Opens @ 7:00 am																																7:00 AM
7:30 AM	Opens @ 7:00 am																																7:30 AM
8:00 AM	Swimming Lessons 8:00 am -1:00 pm																								Swimming Lessons 8:00 am -5:00 pm				8:00 AM				
8:30 AM																													8:30 AM				
9:00 AM									Water Aerobics 9:00-10:00 am								Water Aerobics 9:00-10:00 am				Water Aerobics 9:00-10:00 am								9:00 AM				
9:30 AM																													9:30 AM				
10:00 AM																													10:00 AM				
10:30 AM									Swimming Lessons 10-11:30 am												Swimming Lessons 10-11:30 am								10:30 AM				
11:00 AM																					11:00 AM												
11:30 AM																					11:30 AM												
12:00 PM					Deep Water 11:45 - 12:30pm				Deep Water (Nan) 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm				Deep Water (Celeste) 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm				12:00 PM								
12:30 PM																									12:30 PM								
1:00 PM	Swim Team (Heather & Caley) 1:00-2:00 Aqua 2:00-3:00 Jr 3:00-4:00 Jr 4:00-5:00 Sr 5:00-6:00 Sr								Swimming Lessons 12:30 -3 pm																1:00 PM								
1:30 PM																									1:30 PM								
2:00 PM									Swimming Lessons 2-4 pm								Swimming Lessons 1-4 pm								2:00 PM								
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5:30 PM																					5:30 PM												
6:00 PM	Club Closed @ 5:00 pm								Swim Team (Heather & Liz)								Swim Team (Heather & Liz)				Swim Team (Heather & Kenny)				6:00 PM								
6:30 PM									Swim Team (Caley & Lorelei)				5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:30 Sr				Swim Team (Caley & Heather)				5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:30 Sr				5:00-6:00 Aqua/Jr 6:00-7:30 Sr				6:30 PM				
7:00 PM									6:00-7:00 Sr 7:00-8:30 Sr								6:00-7:00 Sr 7:00-8:30 Sr				6:00-7:00 Sr 7:00-8:30 Sr				7:00 PM								
7:30 PM																									7:30 PM								
8:00 PM																									8:00 PM								
8:30 PM																									8:30 PM								
9:00 PM					Club Closed @ 8:00 pm				Club Closed @ 8:00 pm				Club Closed @ 8:00 pm				Club Closed @ 8:00 pm				Club Closed @ 8:00 pm				9:00 PM								
9:30 PM																									9:30 PM								

<p>*Unscheduled lanes are available for Lap Swimming & Multi-Purpose</p> <p>**Pool Closure Occurs 15 Minutes Prior To Club Closing</p>	Swordfish	<p>Anything in green is subject to the Swymfit Swordfish Swim Team practice schedule and will not be available for patron use.</p>
<p style="text-align: center;">Swimming Lesson schedule changes April 26th</p>	Swimming Lessons	<p style="text-align: center;">Reserved for Swimming Lesson Use Only During Swimming Lessons, Accommodations will be made if room permits.</p>