



# Aquatics Schedule January 2021

90 Swanson Road  
Boxborough, MA 01719  
978-635-0500  
www.swymfit.com

Lane	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Lane				
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4		1	2	3	4
5:30 AM	Opens @ 7:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				5:30 AM				
6:00 AM	Opens @ 7:00 am																												6:00 AM				
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7:00 AM	Opens @ 7:00 am																												7:00 AM				
7:30 AM	Opens @ 7:00 am																												7:30 AM				
8:00 AM	Caley 8-1																								Curtis 8:00 am -12:30 pm				8:00 AM				
8:30 AM																													8:30 AM				
9:00 AM									Water Aerobics 9:00-10:00 am								Water Aerobics 9:00-10:00 am				Water Aerobics 9:00-10:00 am								9:00 AM				
9:30 AM																													9:30 AM				
10:00 AM																					Curtis 9-11:30 am								Curtis 10-11:30 am				10:00 AM
10:30 AM									Curtis 10-11:30 am																								10:30 AM
11:00 AM																																	11:00 AM
11:30 AM																																	11:30 AM
12:00 PM					Deep Water 11:45 - 12:30pm				Deep Water (Nan) 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm				12:00 PM								
12:30 PM																									Curtis 8:00 am -12:30 pm				12:30 PM				
1:00 PM	Swim Team (Heather)  1:00-2:00 Aqua 2:00-3:00 Jr 3:00-4:00 Jr 4:00-5:00 Sr 5:00-6:00 Sr																												1:00 PM				
1:30 PM																													1:30 PM				
2:00 PM									Curtis 2-3 pm				Heather 1-3 pm																2:00 PM				
2:30 PM																	Curtis 1-3 pm												2:30 PM				
3:00 PM									Bromfield High School Practice 3 - 4				Bromfield High School Practice 3 - 4				Curtis 1-6 pm				Bromfield High School Practice 3 - 4								Bromfield High School Practice 3 - 4				3:00 PM
3:30 PM																																	3:30 PM
4:00 PM																																	4:00 PM
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5:00 PM					Swim Team (Caley)				Swim Team (Heather)								Swim Team (Heather)				Swim Team (Caley)				Swim Team (Heather) 5:00-6:00 Jr				5:00 PM				
5:30 PM																									5:30 PM								
6:00 PM	Club Closed @ 5:00 pm				4:00-5:00 Jr 5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:00 Sr 8:00-9:00 Sr				4:00-5:00 Jr 5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:00 Sr 8:00-9:00 Sr				Caley 5-7 pm				4:00-5:00 Jr 5:00-6:00 Jr 6:00-7:00 Jr 7:00-8:00 Sr 8:00-9:00 Sr				4:00-5:00 Aqua 5:00-6:00 Jr 6:00-7:00 Jr 7:00-8:00 Sr 8:00-9:00 Sr				Club Closed @ 5:00 pm				6:00 PM				
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8:30 PM																																	8:30 PM
9:00 PM									Club Closed @ 8:00 pm				Club Closed @ 8:00 pm				Club Closed @ 8:00 pm				Club Closed @ 8:00 pm								Club Closed @ 8:00 pm				9:00 PM
9:30 PM																																	9:30 PM

<p><b>*Unscheduled lanes are available for Lap Swimming &amp; Multi-Purpose</b></p> <p><b>**Pool Closure Occurs 15 Minutes Prior To Club Closing</b></p>	Swordfish	<p>Anything in green is subject to the Swymfit Swordfish Swim Team practice schedule and will not be available for patron use.</p>
	Swimming Lessons	<p><b>Reserved for Swimming Lesson Use Only During Swimming Lessons, Accommodations will be made if room permits.</b></p>