| SWYMFIT ® | | | | Aquatics Schedule March 2021 | | | | | | | | | | | | 90 Swanson Road Boxborough, MA 01719 978-635-0500 www.swymfit.com | | | | | | | | | |
|------------------|------------------------------|---|-------------------------------------|---------------------------------|--|-------------------------------|------------------|---------------------------------|---|-----------------------|---|---|------------------------------|-----------------|------------------------|--|-----------------------|----------|----------|----------|---------|---------|---------|---------|---------|
| | Sunday Monday | | | | Tuesday | | | | Wednesday | | | Thursday | | | | Friday | | | Saturday | | | | | | |
| Lane | 1 2 3 4 1 | | 1 2 3 4 | | | 1 2 3 4 | | | 1 2 3 4 | | | 1 2 3 4 | | | 1 2 3 4 | | | 1 2 3 4 | | | 4 | Lane | | | |
| 5:30 AM | | Opens @ 6:00 am | | | Opens @ 6:00 am | | | Opens @ 6:00 am | | | Opens @ 6:00 am | | | Opens @ 6:00 am | | | Opens @ 6:00 am | | | 5:30 AM | | | | | |
| 6:00 AM | Opens @ 7:00 am | | | | | | | | | | | | | | | | | | | | | | | | 6:00 AN |
| 6:30 AM | | | | | | | | | | | | | | | | | | | | | | | | | 6:30 AN |
| 7:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | 7:00 AN |
| 7:30 AM | | | | | | | | | | | | | | | | | | | | | | | | | 7:30 AN |
| 3:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | 8:00 AN |
| 3:30 AM | | | | | | | | | | | | | | | | | | | | | | | | 8:30 AN | |
| 9:00 AM | | Water Aerobics 9:00-10:00 am | | | | | | Water Aerobics 9:00-10:00 am | | | | | | Water Aerobics | | | | | | | 9:00 AN | | | | |
| 9:30 AM | | | | | | | | | | | | | | | 9:00-10:00 am | | | | | | 9:30 AN | | | | |
| 0:00 AM | Swimming Lessons | | | | | | Swimming Lessons | | | | | | | | 8:00 am -5:00 pm | | | 10:00 AN | | | | | | | |
| 0:30 AM | 8:00 am -1:00 pm | Swimn | | | | 9 -11:30 am | | | | | 5 | Swimming Lessons 10-11:30 am | | | | | | 10:30 AN | | | | | | | |
| 1:00 AM | | 10 | | | | | | | | | | | | | | | | 11:00 AN | | | | | | | |
| 1:30 AM | | | | | | | | | | | | | | | | | 11:30 AM | | | | | | | | |
| 2:00 PM | | De | Deep Water (Nan) 11:45 - 12:30pm | | | Deep Water 11:45 - 12:30pm | | | Deep Water (Celeste) 11:45 - 12:30pm | | | Deep Water | | | | | | | 12:00 PN | | | | | | |
| 2:30 PM | | 11:45 | | | | | | | | | | 11:45 - 12:30pm | | | | | | | | 12:30 PN | | | | | |
| 1:00 PM | | | | | | | | | | | | | | | | | | | | | 1:00 PM | | | | |
| 1:30 PM | | | | | Swimming Lessons | | s | | | | | | | | | | | | | | 1:30 PM | | | | |
| 2:00 PM | Swim Team (Heather) | Swimming Lessons 2-4 pm | | | 12:30 -3 pm | | | | | | Swimming Lessons 1-4 pm | | | | | | | | | | 2:00 PN | | | | |
| 2:30 PM | 1:00-2:00 Aqua | | | | | | | | | | | | | | | | | | | | | 2:30 PM | | | |
| 3:00 PM | 2:00-3:00 Jr | | | | | | | | | | , i i i i i i i i i i i i i i i i i i i | | | | | | | | | | 3:00 PN | | | | |
| 3:30 PM | 3:00-4:00 Jr 4:00-5:00 Sr | | | | | | | | Swimming Lessons 1-6:30 pm | | | | | | | | | | | | | | 3:30 PN | | |
| 4:00 PM | 4.00-5.00 Sr 5:00-6:00 Sr | | | | | | | | 1-0.00 pm | | | | | | | | | | | | | | | 4:00 PM | |
| 4:30 PM | | | | | | | | | | | | | | | | Swim Toom (Colou) | | | | | | | | | |
| 5:00 PM | | Suria: | Swim Team (Heather) 3:00-4:00 Jr | | | | | | Swim Team (Heather) 4:00-5:00 Jr 5:00-6:00 Jr 6:00-7:00 Jr 7:00-8:00 Sr 8:00-9:00 Sr | | | Swim Team (Caley) 3:00-4:00 Jr | | | Swim Team (Heather) | | | 5:00 PM | | | | | | | |
| 5:30 PM | | Swim Team (Caley) 4:00-5:00 Jr 5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:00 Sr 8:00-9:00 Sr | | | 4:00-5:00 Jr | | | | | | | | 4:00-5:00 Aqua | | | | 5:00-6:00 Jr | | | 5:30 PM | | | | | |
| 6:00 PM | | | | | 5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:00 Sr | | | | | | | 5:00-6:00 Jr 6:00-7:00 Jr | | | | | | | | | | | | | |
| 6:30 PM | | | | | | | | | | | | | 7:00-8:00 Sr 8:00-9:00 Sr | | | | | | | 6:30 PM | | | | | |
| 7:00 PM | | | | | 8:00-9:00 Sr | | | | | | | Swim Team (Caley) 6:30-7:30 Jr 7:30-8:30 Jr 8:30-9:30 Sr | | | | | | | | 7:00 PM | | | | | |
| 7:30 PM | Olub Classed @ 5:00 mm | 8:0 | | | | | | | | | | | | | Club Closed @ 5:00 pre | | | 7:30 PM | | | | | | | |
| 8:00 PM | Club Closed @ 5:00 pm | | | | | | | | | | | | | | Club Closed @ 5:00 pm | | | 8:00 PM | | | | | | | |
| 8:30 PM | | | | | | | | | | | | | | | | | | 8:30 PM | | | | | | | |
| 9:00 PM | | | Club Closed @ 9:00 mm | | | | | | | | | | | | | 1 | | | | 9:00 PM | | | | | |
| 9:30 PM | | Club Clo | osed @ 8:00 | J pm | Clu | Club Closed @ 8:00 pm | | | | Club Closed @ 8:00 pm | | | Club Closed @ 8:00 pm | | | Clu | Club Closed @ 8:00 pm | | | | ? | | | 9:30 PM | |

| *Unscheduled lanes are available for Lap Swimming & Multi-Purpose | Swordfish | Anything in green is subject to the Swymfit Swordfish Swim Team practice | | | | |
|---|---------------------|--|--|--|--|--|
| **Pool Closure Occurs 15 Minutes Prior To Club Closing | Swordlish | schedule and will not be available for patron use. | | | | |
| | Swimming Lessons | Reserved for Swimming Lesson Use Only During Swimming Lessons, Accommodations will be made if room permits. | | | | |