



Aquatics Schedule November 2020

90 Swanson Road
Boxborough, MA 01719
978-635-0500
www.swymfit.com

Lane	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Lane		
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4		1	2
5:30 AM	Opens @ 7:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				5:30 AM		
6:00 AM	Opens @ 7:00 am																												6:00 AM		
6:30 AM	Opens @ 7:00 am																												6:30 AM		
7:00 AM	Opens @ 7:00 am																												7:00 AM		
7:30 AM	Opens @ 7:00 am																												7:30 AM		
8:00 AM	Caley 8-1																								Curtis 8:00 am - 12:30 pm				8:00 AM		
8:30 AM																													8:30 AM		
9:00 AM									Water Aerobics 9:00-10:00 am								Water Aerobics 9:00-10:00 am				Water Aerobics 9:00-10:00 am								9:00 AM		
9:30 AM																													9:30 AM		
10:00 AM									Curtis 10-11:30 am								Curtis 9-11:30 am				Curtis 10-11:30 am								10:00 AM		
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11:30 AM																													11:30 AM		
12:00 PM									Deep Water 11:45 - 12:30pm				Deep Water (Nan) 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm				Deep Water 11:45 - 12:30pm								12:00 PM		
12:30 PM																													12:30 PM		
1:00 PM	Swim Team (Heather) 1:00 - 2:00 Aqua 2:00-3:00 Jr 3:00-4:00 Jr 4:00-5:00 Sr 5:30-6:30 Sr 6:30-7:30 Sr																				Heather 12:30 -5 pm				1:00 PM						
1:30 PM									Heather 1-3 pm								Curtis 1-4 pm								1:30 PM						
2:00 PM									Curtis 2-4 pm																2:00 PM						
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5:00 PM									Swim Team (Caley)				Swim Team (Heather)				Swim Team (Caley)								5:00 PM						
5:30 PM									Swim Team (Heather)								Swim Team (Heather)								5:30 PM						
6:00 PM	Closed @ 5:00 pm				4:00-5:00 Jr 5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:00 Sr 8:00-9:00 Sr				3:00-4:00 Jr 4:00-5:00 Aqua 5:00-6:00 Jr 6:00-7:00 Jr 7:00-8:00 Sr 8:00-9:00 Sr				Caley 5-7 pm				4:00-5:00 Aqua 5:00-6:00 Jr 6:00-7:00 Sr 7:00-8:00 Sr 8:00-9:00 Sr				3:00-4:00 Jr 4:00-5:00 Jr 5:00-6:00 Sr 6:00-7:00 Sr 7:00-8:00 Sr 8:00-9:00 Sr				6:00 PM						
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					Closed @ 9:00 pm				Closed @ 9:00 pm				Closed @ 9:00 pm				Closed @ 9:00 pm				Closed @ 9:00 pm										

<p>*Unscheduled lanes are available for Lap Swimming & Multi-Purpose</p> <p>**Pool Closure Occurs 15 Minutes Prior To Club Closing</p>	Swordfish	<p>Anything in green is subject to the Swymfit Swordfish Swim Team practice schedule and will not be available for patron use.</p>
<p>This schedule is valid through November 25th. Swymfit is closed all day Thursday, November 26th for Thanksgiving.</p>	Swimming Lessons	<p>Reserved for Swimming Lesson Use Only During Swimming Lessons, Accommodations will be made if room permits.</p>