



Swymfit COVID-19 Policies and Procedures for Swimming Lessons

- Swymfit will be running Group swimming lessons for Levels 2 through Stroke & Fitness, Private and Semi Private for all levels.
 - Guppy and Level 1 classes are currently Private Lessons with the parent in the water, or the instructor given permission to be in the water with contact.
- Group lessons will have a maximum of 4 participants, one in each lane of the pool.
- All lessons will be held with minimal to no contact.
- Instructors will wear face masks or full face, clear shields.
- We strongly suggest that you wear a mask or face covering to and from the pool.
- Masks or face coverings MUST be worn by anyone in the building. (masks will not be worn while in the water.)
- Each Swimmer will be assigned their own personal key tag for scanning each time they come to a lesson. Please allow an extra five minutes on your first visit to stop at the desk to pick up a key tag. Each swimmer who enters the building for lessons will be logged (name, email, phone number, and time of day.) This is done through our Twin Oaks software. It is a non-contact, electronic swipe in system. This will allow us to contact trace should anyone become ill and need to be contacted.
- Swimmers and water class participants will notice a chair at the end of each lane, please put your limited belongings on the chair provided for each lane. Parents are requested to sit in the chairs against the walls. All chairs will be sanitized in between each lesson and water class.
- All touch surfaces such as railings and doors are disinfected after each class or hourly when no classes are running. Locker rooms are disinfected every two hours as well as after each class.
- Visitors, chaperones, and parents, will sign a written log which contains our liability waiver, and includes name, contact information, date and time of entry.
- Locker rooms are available.
- Water filling stations are CLOSED (please bring your own labeled water bottle.)
- Any swimmer or family members of swimmers who are displaying symptoms of COVID-19 or have been in contact with anyone who may have COVID-19 or any related illnesses may NOT participate in lessons.
 - Each family will be pre-screened verbally upon entering. Please keep in mind the new travel ban in effect in Massachusetts.
- All swimmers are required to maintain a social distance of 6 feet before, during, and after class.
- Hand sanitizer is easily accessible throughout the building.
- Parents and or guardians must be ready to pick your swimmer up as soon as their lesson ends.
- Please remember to wash your hands, not touch your face and remain home if sick.

If you have any questions or concerns, please speak with the front desk staff and/or your instructor.