



Aquatics Schedule May 12th - May 18th 2019

90 Swanson Road
Boxborough, MA 01719
978-635-0500
www.swymfit.com

Lane	Sunday 12th				Monday 13th				Tuesday 14th				Wednesday 15th				Thursday 16th				Friday 17th				Saturday 18th				Lane				
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4					
5:30 AM	Opens @ 8:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				Opens @ 6:00 am				5:30 AM				
6:00 AM	Opens @ 8:00 am								360				360				360				360												6:00 AM
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7:00 AM																																	7:00 AM
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8:00 AM	Swimming Lessons				Water Aerobics (60 min.) 9 - 10				The Taylor School 10 - 11:30 am				Water Aerobics (60 min.) 9 - 10				Sr. Deep Water (45 min.) 10:15 - 11:00 am				Water Aerobics (60 min.) 9 - 10				Arthritis DW (45 min.) 7:00 - 7:45 am				8:00 AM				
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10:00 AM	Swimming Lessons				Deep Water (45 min.) 10:15 - 11:00 am				Deep Water (45 min.) 10:15 - 11:00 am				Deep Water (45 min.) 10:15 - 11:00 am				Deep Water (45 min.) 10:15 - 11:00 am				Beginners DW (45 min.) 10:00 - 10:45 am				10:00 AM								
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12:00 PM	Swimming Lessons				Deep Water (45 min.) 12:00 - 12:45 pm				Deep Water (45 min.) 12:00 - 12:45 pm				Deep Water (45 min.) 12:00 - 12:45 pm				Deep Water (45 min.) 12:00 - 12:45 pm				Swimming Lessons				12:00 PM								
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2:00 PM	Swordfish Swim Team Junior 3:00 - 4:00 pm (60 min.) Senior 4:00 - 5:30 pm (90 min.)				Swimming Lessons				Swordfish Swim Team Aqua 4:00 - 5:00 pm (60 min.) Junior 5:00 - 6:00 pm (60 min.) Senior 6:00 - 7:30 pm (90 min.)				Swimming Lessons				Swordfish Swim Team Aqua 4:00 - 5:00 pm (60 min.) Junior 5:00 - 6:00 pm (60 min.) Senior 6:00 - 7:30 pm (90 min.)				Swimming Lessons				Family Fun Swim :)				2:00 PM				
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4:00 PM	Closed @ 5:00 pm				Deep Water (45 min.) 6:30 - 7:15 pm				Deep Water (45 min.) 7:30 - 8:15 pm				Deep Water (45 min.) 6:30 - 7:15 pm				Deep Water (45 min.) 7:15 - 8:00 pm				Closed @ 6:00 pm				4:00 PM								
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6:00 PM	Closed @ 5:00 pm				Deep Water (45 min.) 7:15 - 8:00 pm				Closed @ 9:30 pm				Closed @ 9:00 pm				Closed @ 9:00 pm				Closed @ 9:00 pm				6:00 PM								
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8:00 PM	Closed @ 5:00 pm				Closed @ 9:00 pm				Closed @ 9:30 pm				Closed @ 9:00 pm				Closed @ 9:00 pm				Closed @ 9:00 pm				8:00 PM								
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***Unscheduled lanes are available for Lap Swimming & Multi-Purpose**

****Pool Closure Occurs 15 Minutes Prior To Club Closing**

*****During Deep Water Classes: If there are 10 or more participants, then Lane 4 will not be available for lap swimming.**

Swordfish

Swimming Lessons

Anything in green is subject to the Swymfit Swordfish Swim Team practice schedule and will not be available for patron use.

Reserved for Swimming Lesson Use Only During Swimming Lessons, Accommodations will be made if room permits.